PERSONAL, SOCIAL, HEALTH AND ECONOMIC EDUCATION: LONG-TERM OVERVIEW 2020-2021

	AUTUMN			SPRING			SUMMER		
SYCAMORE /LARCH Y1	Roles of different people; families; feeling cared for	How behaviour affects others; being polite and respectful	Recognising what makes us unique and special; feelings; managing when things go wrong	Recognising privacy; staying safe; seeking permission	Using the internet and digital devices; communicating online	How rules and age restrictions help us; keeping safe online	Keeping healthy; food and exercise, hygiene routines; sun safety	What rules are; caring for others' needs; looking after the environment	Strengths and interests; jobs in the community
ROWAN Y2	Making friends; feeling lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Recognising things in common and differences; playing and working cooperatively; sharing opinions	Safety in different environments; risk and safety at home; emergencies	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking or help	The internet in everyday life; online content and information	Growing older; naming body parts; moving class or year	Belonging to a group; roles and responsibilities; being the same and different in the community	What money is; needs and wants; looking after money
веесн үз	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self- respect; courtesy and being polite	Health choices and habits; what affects feelings; expressing feelings	What makes a family; features of family life	The value of rules and laws; rights, freedoms and responsibilities	Personal strengths and achievements; managing and re- framing setbacks	Risks and hazards; safety in the local environment and unfamiliar places	Different jobs and, skills; job stereotypes; setting personal goals	How the internet is used; assessing information online
CHESTN UT Y3/4	The value of rules and laws: rights, freedoms and responsibilities	Respecting differences and similarities: discussing difference sensitively	Making decisions about money: using and keeping money safe	What makes a family: features of family life	Responding to hurtful behaviour; managing confidentiality; recognising risks online	How the internet is used; assessing information online	Maintaining a balanced lifestyle; oral hygiene and dental care	Medicines and household products; drugs common to everyday life	Personal strengths and achievements; managing and reframing setbacks
MAPLE Y4/5	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Managing friendships and peer influence	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Physical contact and feeling safe	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	How information online is targeted; different media types, their role and impact	Protecting the environment; compassion towards others	Keeping safe in Different situations, including responding in emergencies and first aid	Personal identity; recognising individuality and different qualities; mental wellbeing Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty
HAWTHORN Y5	Personal identity; recognising individuality and different qualities; mental wellbeing	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Protecting the environment; compassion towards others	Responding respectfully to a wide range of people; recognising prejudice & discrimination	Managing friendships and peer influence	How information online is targeted; different media types, their role and impact	Physical contact and feeling safe	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty (taught in Science) Keeping safe in different situations, including responding in emergencies and first aid
OAK/ELM Y6	Expressing opinions and respecting others point of view including discussing topical issues	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online.	Valuing diversity; challenging discrimination and stereotypes	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media.	Evaluating media sources sharing things online	Influences and attitudes to money. Money and financial risks	Recognising and managing pressure; consent in different situations	Attraction to others; romantic relationships civil partnership and marriage	Human reproduction and birth; increasing independence; managing transition

